LiSára

Musical Immersion Artist, Sound Healer, Transformation Guide, Songwriter

My Contact

lisarasings@gmail.com

415-729-5472

Seaside, CA

Skills

- Songwriting
- Vocals (alto, mezzo soprano), vocal channeling
- Freestyle Dance, Social Partner Dances
- Percussion, singing bowls
- Visionary Leader with emotional intelligence
- Languages: Native English, Advanced Spanish & Portuguese, Conversational Turkish, Basic Italian & French

Music Industry Mentorship

Music Business; Live Performance, 2021
- Dr. Mathew Knowles (Beyonce, Destiny's Child)

Songwriting as an artist & for sync, 2021-present
- Suzan Koç (Pink, Ace of Base, Brandy)

Artist Development, 2020-2022
- Kevin Shine (Kanye West)

Educational Background

Hofstra University
- *M.A. in Forensic Linguistics, with distinction*

Completed in 2012

University of Amsterdam
- *Certificate in International Relations & Globalisation*

Completed in 2009

Hofstra University
- *B.A in Linguistics & Political Science with a minor in International Affairs, summa cum laude*

Completed in 2010

Summary

Award-winning multicultural Indigenous artist and Forbes-featured entrepreneur crafting original, multi-genre music infused with healing sound frequencies. LiSára leads transformative sonic immersions that invite audiences beyond entertainment or healing alone—offering music as an experiential pathway to becoming one's greatest potential.

Achievements & Publications

- Recipient, Individual Artist Grant from Arts Council of Monterey County
- Graduated in the 1st Forensic Linguistics program in the USA: Introduced the new field to Ceará, Brazil (in Portuguese after 2 months of study); coined new terminology for cultural translation; mentored with FBI linguist who broke the Unabomber case;
- Delivered sound healing to the C-suite of a $1B traditional healthcare organization, bridging ancient practices with modern executive wellness.
- Emceed and performed in multiple languages for live audiences exceeding 10,000 people.
- Developed a global sound healing app blending world genres with embedded healing frequencies—innovative beyond traditional meditation.
- Forbes-featured; main author of organizational DEI framwork published in academic journal; contributor a book on corporate storytelling
- Shared the stage with Toots & the Maytals, The Turbans, Joe Craven, Brett Dennen

Select Performances & Speaking Engagements

- Keynote Performer, Redefined: A Day of Healing, Survivor Alliance (Oakland, CA)
- Presenter, CIIS Women's Spirituality Conference
- Speaker & Performer, Check Your Privilege Conference
- Featured Guest Performer, She Rose
- Musical Facilitator, Beyond Surviving Retreat (Monterey, CA)
- Featured Performer, Goddesses and Warriors Exhibit, Pacific Grove Art Center
- Singer & Fancy Shawl Dancer with Thunderbird Dancers, National Museum of the American Indian (NYC)
- Multilingual Emcee (English, Spanish, Portuguese), California WorldFest
- Emcee & Vocalist, Too Much Woman, San Francisco
- FemC & Featured Poet, Femprovisors Fest, San Francisco
- Weekly Sound Channeler, Sacred Sound Healing app (2021–2023)
- Featured Freestyle Rapper with The Turbans (California WorldFest)
- Freestyle Dancer with Las Cafeteras (California WorldFest)
- Featured Artist, Grand Circus Rounds Gala, Medical Clown Project (San Francisco)
- Toured with Lovenagelists (Mid-Atlantic & Pacific Northwest)